

# 4-C1 MANE LION

A PUBLICATION OF LIONS DISTRICT 4-C1

<http://www.snowcrest.net/sobrien/ManeLion.htm>

**District Governor Bob Trueax**

Gridley Lions Club

Vice District Governor Chuck Davis

Cabinet Secretary Pat McIntyre

Cabinet Treasurer PDG Charlie McIntyre

Volume 9

Issue 10

April 2004



**4-C1 Affiliated Lioness Clubs**  
**Lioness President** Phyllis Cantwell  
Chico Lioness

**Lioness Vice President**  
Madelyn Mason  
**Lioness Secretary** Patti Jenkins  
**Lioness Treasurer** Geri Russak



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**Inside:**  
CONVENTION RESERVATION FORM  
**LAST CHANCE!!!**



**46th Annual  
District 4-C1 Convention  
April 16, 17 & 18**

MANE LION  
PO Box 1021  
Anderson CA 96007-1021

# DG's Ruminations



If you have not sent in your reservations for the 4-C1 Convention in Ashland, Oregon, now is the time to do so. Rooms on hold at the Windmill Inn have already reverted back to the hotel, so you might have to look to another establishment to find a room.

This convention should be a fun one. VDG Chuck Davis has arranged for us to attend a play on Thursday evening, there will be a golf tournament on Friday, the food court on Friday afternoon, and a CIRCUS theme for the dinner on Friday evening.

We will be doing the parade of banners at breakfast on Saturday morning, and the banners will be hung around the room for the rest of the convention, so plan for your banner presentation team (current president and president elect if possible) to be there for that event.

Ashland is a great place for a convention. The hotel and food are very good, shopping is available, there and in Medford, for those who find this therapeutic, and of course Ashland is famous for the Shakespeare and other plays.

Please plan to attend. We need YOU, and we think you will enjoy being there.

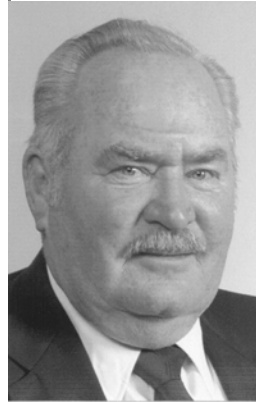
On April 24, there will be a Guiding Lion Training for anyone who is interested. It will be held at the Foothill Lions Clubhouse in Loma Rica, and will qualify all who attend for the International Guiding Lion Certificate. The last class we had, in Anderson, was for MD4, as International had not yet set their standards. If you took that class, but have not followed through to upgrade to International, you should attend this class and get your certificate.

Lunch will be provided by the Lioness of Loma Rica and your Governor for those who attend this class.

Please call 530-846-4855 or e-mail [rtrueax@wcisp.com](mailto:rtrueax@wcisp.com) if you plan to attend the training so we can know how many lunches to prepare.

See you in Ashland and Loma Rica!

# VDG's Corner



March 16, 2004

*Well, here it is one year this week that Governor Bob Trueax started Lion Jean and myself along this path we have walked ( includes hopping, skipping and stumbling ) for our District. What a confusing, busy, hard, year this has been. I would not trade it for anything. Working for all of you and with all of you has*

*been great*

*One month from today, we will be at Ashland for our Convention. I hope to see you all there having a wonderful time as I expect to. Our District has so many great Lions doing so many jobs, fund raisers and service projects that I cannot understand why you don't want to stand tall with the rest of us at the Convention. The community services and projects we perform are so much to be proud of. So stand tall Lions and come on up to Ashland and ROAR with the rest of us.*

*I am hoping that I can get more votes this year than Mickey Mouse does (not like last year). We have some very knowledgeable and hard working Lions who have volunteered to serve our District so we can maintain our high level of support and service to our community next year. Our Governor Bob and the cabinet are doing a great job this year and it will be a hard act to follow. See you all soon.*

*Yours in Lionism*

*Chuck Davis V.D.G.*

## 4-C1 Convention Talent Contest

Contact Lion Joe Schwarm soonest to let him know how you will participate in the first ever members talent show. It truly should be great fun.

**530-221-0540**

# Ravings

## Editorial -

Yes! We do have an opinion now and again.

This one regards communication ...swift communication ... cheap communication ...direct communication. District 4-C1 is among the largest (area-wise) of the sub-districts in all of Lions Clubs International. It is the second largest in MD Four. Yet we rely upon the postal service and word of mouth for most of our communication. Before you all get your shorts in a knot thinking that we are proposing a gigantic email list, please read further. We are of the opinion there is an under use of the Internet, not just within 4-C1, but throughout the entire Multiple District. We have a tool available to us that, when used properly, can provide a forum for any and all Lions information to be distributed to all interested parties. Anyone with an Internet connection can use it ...anytime, to present their message. It may be an informal announcement or it can be a full-blown request for participation with links to other sites. We are talking about the 'Lions Bulletin Board' linked to the MD Four WEB site. This bulletin board has been around, in one form or another, for a long, long time and is visited by Lions from all over.

Yet that is only a small part of what's available. MD Four has an outstanding web site. Yet, there seems to be little effort by most to avail themselves of this resource. With a few exceptions, even the MD Four Committees and endorsed project don't take advantage of the ability to provide information on this site. They certainly don't use the 'Lions Bulletin Board.' This is all available at "no additional cost" to the members ...It's FREE folks!!! We won't point the finger at anyone in particular. The leaders of our districts; of the endorsed projects; of the various committees ...so on and so forth, are very busy people and most aren't really aware of just how valuable a tool they have. If they did, each district would have an IT (Information Technology) Chair who would be coordinating with the MD Four Chair, along with other interested Lions to keep information up to date and to post new information as it becomes available.

Our reasons for bringing this up aren't entirely unselfish. Each month we print close to 200 copies of the district newsletter and mail them to clubs and cabinet. We send approximately 250 emails notifying others of availability of the newsletter online. Life would be so much simpler if we could post one single notice on the bulletin board or have a notification posted on the web site that the newsletter is available. Heck! We could maybe even provide information more often than once a month ...or better yet, the information can be posted directly by the party who is providing it; and on top of that, if anyone has a question, they can ask for and get an answer right there on the bulletin board.

Imagine if the Youth Exchange Program, Lions in Sight, the Lions Eye Foundation, or any of the others were to present their requests for assistance along with links to their web sites to the facilities provided by MD Four where anyone can see it what kind of response they might get. What if they had

actual links to the MD Four WEB site instead of just contact information?

What we're getting at is that, instead of having to wait for a club to receive the district newsletter (which may or may not contain their info) and hoping that the club officer who receives it passes the information along at a meeting which in many cases only occurs twice a month, individual Lions get the message as soon as they view it on the Internet.

The concept is far from perfect because there are still those who aren't connected and probably never will be. But we'll bet that they know someone who is and is vocal enough to pass information along.

You can tell how passionate we feel about this issue because we've already written over 500 words and could probably have gone on and on.

The *Lions Bulletin Board* can be found at <http://www.mcnerd.com/lions/index.cgi> It will protect your privacy if you choose.

The MD Four web site is at <http://www.md4lions.org/>

Both sites are maintained by Lion Milton Hicks, who devotes a lot of time, effort, knowledge and skill in an effort to provide information to any Lion who wishes to take advantage of his good nature.



## Golf Tournament

(see advertisement for details)

### RESERVATION FORM

NAME \_\_\_\_\_

Avg. Score or Hndcp. \_\_\_\_\_

NAME \_\_\_\_\_

Avg. Score or Hndcp. \_\_\_\_\_

NAME \_\_\_\_\_

Avg. Score or Hndcp. \_\_\_\_\_

NAME \_\_\_\_\_

Avg. Score or Hndcp. \_\_\_\_\_

MAIL YOUR CHECK AND RESERVATION FORM TO:

LION RAY MARSCHNER  
PO BOX 186, WEED, CA 96094-0186  
530 938-1226



## LIONESS OF DISTRICT 4-C1 NEWS

March 22, 2004

Time to really start getting ready for Convention in Ashland. Hope to see many of you there for a great time and good fellowship.

Don't forget to let Lion Chuck Davis know if you want to attend the show on Thursday evening so he can get tickets and get your dinner and registration into Lion Linda Dunning so plans can be made. Lets not let them be stuck for a lot of meals like they were last year because reservations didn't get in.

Also get your program and directory ads in as time is running out.

Again hope to see a good turnout and sell those tickets for the Lions raffle and the Lioness raffle. Don't forget your club raffle gift for the Lions and the one for our regular meeting.

Regards  
Lioness President Phyllis Cantwell

### Around the District

We're amazed! For just about as long as we can remember, *Lion/Lioness*

**Lee Zamlich** has been editing and publishing both the *4-C1 Mane Lioness* and the *Loma Rica Lioness Mews*. What makes it so amazing is that Lee lives in Port Orchard, Washington which is just South of Bremerton on the Puget Sound. We are right here in the heart of District 4-C1 and have a difficult time getting information. She must crack a mean whip?

The convention will open officially at 3:30pm when the gavel falls. The Golf Tournament kicks off at 8am; the Food Fair at 1pm

There is still time to submit ads for the **2004-05 District Directory**. Contact VDG Chuck Davis for information or see last month's *Mane Lion*.

Also!!! **Club Secretaries** - make copies of your PU101 to send to the district for insertion into the directory.

VDG Candidate **Lion Bob Prah** is one of the busiest people we know. The man

seems to be everywhere all of the time. Just watching him tires us out.

The 4-C1 **Humanitarian Foundation** will hold a special meeting immediately following the close of the Convention at Ashland.

Some folks deserve a little credit for all their work for convention: **Lion Linda Dunning** handles registration for months and then mans the table; **Lion Steve Robeson** deals with nominations, credentials and elections, also manning a table while the rest of us enjoy ourselves; and **Lion Glenn Dunning** puts together the Food Fair, giving up an opportunity to play golf.

Let's not forget the rest of the convention committee, **PDG Charlie McIntyre**, **PDG Dorothy Buffington** and **IPDG Dave Marceau** who must coordinate their efforts from three different parts of the district.

And those are only a few of the people who are involved. There are numerous others who deserve our thanks and praise as well.

Come help us celebrate the **"NEW"**

## Happy Valley Lions Club Charter Night

At the beautiful Hilton Garden Inn  
I-5 at Bonnyview Road in Redding

# May 8, 2004

Dinner reservations limited to the first 130  
paid persons

**6:30pm No Host Bar**  
**7:00pm Dinner**

Sirloin of Beef \_\_\_\_

Chicken Chardonnay \_\_\_\_

Vegetarian \_\_\_\_

\_\_\_\_ meals @ \$25.00 each \$ \_\_\_\_

Send check and reservations to: Happy Valley Lions  
c/o Virgil White  
7198 Bohn Blvd  
Anderson, CA 96007

There are a limited number of rooms available for  
\$89.00 +tax when you mention Happy Valley Lions

## ***Thank You!***

The Paradise Business and Professional Lions Club wishes to thank all 4-C1 visitors to our recent Charter Night. Your attendance helped make that evening very special. Moreover, we wish to extend our deep appreciation to all clubs who so generously donated contributions to our new Club that evening. We look forward to participating with all 4-C1 Clubs in Lionism.

Lou Legerton / Pres.

## **LIONS 4-C1 GOLF TOURNAMENT**



### **Texas Scramble**

Friday, April 16, 2004  
Oak Knoll Golf Course  
Ashland, OR

Mixed Foursomes  
Tee Prizes      Long Drive  
Closest to Hole

**Starting Time 8:00  
a.m.**

(Back in Time for Food Fair)

**\$45 fee includes Prizes, Green Fees &  
Carts**

(Carts available only for the first 30 registrants)



## **Please join us for the Gridley Lions Club 5<sup>th</sup> Annual Bikes 'n Birds Event**

**Bikes 'n Birds is a fun bicycle tour through  
the spectacular Gray Lodge for the whole family!**

What: "Bikes 'n Birds" Bicycle Tour by the Gridley Lions Club  
Where: Gray Lodge Wildlife Area (west of Gridley)  
When: Saturday April 3<sup>rd</sup>, start between 8:30 and 10:00 AM  
Cost: \$15.00 per person, \$ 30.00 per family  
(t-shirts extra)  
More Info: Call 1(888) 857-2141 or check  
<http://gridleyca.lionwap.org>

Registration: Download the registration form from the web site or call for a form.  
You may register in person at the event.



The 4 C-1 Health Foundation would like to remind Lions Clubs and Lioness Clubs of the new "Campership" fees. Sponsorship is now \$300 per camper for each of our camps.

We reluctantly had to raise our fees to try to stay close to our expenses (we operate at a loss). It is our understanding that we are the least expensive camp of our kind anywhere!

Please note also our "Award" program. Perhaps all clubs could "reward" a member each year with a plaque of appreciation.

Sincerely, Steve Robeson, President

The 4C1 Health Foundation would like to publicly thank Lioness President Phyllis Cantwell and Lions 4C1 VDG (soon to be Gov. Elect) Chuck Davis. They both have announced their desire to have contributions to them for 2004-2005 be made out to our Foundation! We can't thank them enough (though we'll try!) Maggie Robeson, Secretary



## Lions Health Foundation Of District 4-C1

Our Foundation was created to help our Lions of District 4-C1 be more capable of helping the citizenry of our communities. Our 4-C1 Health Foundation provides many services, such as two youth summer camps—one for Diabetic kids, one for Low Vision and Hearing-Impaired kids. We also provide Diabetes education efforts, health information publications, diabetes monitoring devices to needy individuals. We truly have programs in place to serve the health needs of our District.

With your financial support, we will be able to continue and expand our health outreach programs.

Please send the completed form and whatever you can afford to the address below. Any support is appreciated and individuals and companies will receive a receipt for your tax-deductible contribution. **THANK YOU!**

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\$50.00 Health Foundation "Supporter" (vest patch only)  
\$150.00 Lion Buck Pryde Award (vest patch and plaque)  
\$300.00 Lion Stan Story Award " " " "  
\$450.00 Lions Ken & Ann Eaton Award " " " "

First installment of \$50.00+ must accompany this pledge form. Total pledged should be paid within 5 years, please. Please make checks out to "District 4-C1 Health Foundation".

Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Lions/ Lioness Affiliation, if any \_\_\_\_\_

Please send to Lion Steve Robeson 3733 N. Hwy. 3 Etna, CA 96027

## Peace Poster Contest

Each year we have seen more participation in the LCI *Peace Poster Contest* by the clubs in District 4-C1. Some clubs have expressed that they are having some difficulty getting interest from schools.

Now is the time that art teachers should be approached about the next contest. If we wait until the beginning of the next school year the teachers will have already created their curriculum and it is difficult ...if not virtually impossible for them to rearrange the schedule. So, approach the middle schools about participation and encourage them to include the Peace Poster for the fall term. Then order the materials from LCI and provide them before the end of this year so the teachers and eligible students have all summer to prepare.

## Student Speaker Contest

Also consider approaching your high schools now about next year's Student Speaker Contest. Don't limit it to English or speech teachers, but also consider Future Farmers of America (FFA) and mock court teams. Some high schools also have Toastmasters clubs which may be interested in participating.

## Advertising

In the past several years we have resisted charging for advertising in the Mane Lion. We have accepted donations, all quite generous, for publishing ads for club activities. We thank you for your unselfish contributions. The main reason behind our resistance has been that we haven't had the inclination to solicit advertising ... we still don't. However, we have had no compulsion when it comes to accepting funds from the District budget. Taking that into consideration, we have determined that we will, from hereon out have to charge a minimal amount for including advertising. There will not be a cost for District sponsored activities such as Cabinet Meetings, training or Conventions. We anticipate that there will be space available for information articles at no charge. Ads will be placed on a space-available basis (postage costs preclude us from printing more than ten pages). We will be more than happy to discuss rates and recommend layouts from business card size to full-page ads.

Email: [sobrien@snowcrest.net](mailto:sobrien@snowcrest.net)  
or call: (530)365-6875

REGISTRATION FORM

## 46th Annual District 4-C1 Convention

April 16-18, 2004

Windmill Inn, Ashland, Oregon

PLEASE PRINTName: \_\_\_\_\_ Club: \_\_\_\_\_  
(Last Name) (First, or as desired on badge)Address: \_\_\_\_\_  
(Street, City, State, Zip)

Phone: (\_\_\_\_) \_\_\_\_\_

Each convention attendee (Lion, Lioness, Leo, Spouse or Guest must submit an individual registration form.  
Registration fee(s) may be combined onto one check.

**DEADLINE FOR MEAL PLANS & CANCELLATION IS APRIL 2, 2004. No telephone registrations will be accepted.** At this date the meal reservations must be submitted to the caterer and District 4-C1 will be responsible for payment of the full amount.

**Office in Lions:** (Please circle each category that applies) ID PID DG VDG IPDG PDG  
Cabinet Secretary Cabinet Treasurer Guest RC ZC Club President / President Elect  
Club Secretary / Secretary Elect Delegate Convention First Timer

**REGISTRATION FEE ONLY**

(All Attendees must pay this fee)

	<u>PRICE</u>	<u>AMOUNT ENCLOSED</u>
Registration received prior to March 15	\$ 5.00	_____
Registration received after March 15	\$10.00	_____
Registration at the door	\$15.00	_____

**MEAL PLANS** Prices include Tax & GratuityNote: **Please circle choice for Saturday Banquet in Individual Meal area**

5 meals (Friday thru Sunday)	\$99.00	_____
3 meals (Saturday Lunch thru Sunday)	\$64.00	_____

**Individual Meals;**

Friday Dinner (Circus Buffet)	\$25.00	_____
Sat. Breakfast Buffet	\$16.00	_____
Sat. Lunch Buffet	\$20.00	_____
Sat. Banquet - (please <b>Circle One</b> ) (Prime Rib - Chicken Florentine)	\$28.00	_____
Sunday Buffet Breakfast	\$17.00	_____

**TOTAL ENCLOSED** \$ \_\_\_\_\_**Please make any dietary requirements known at the time of registration**

**Make checks payable to:** District 4-C1 Convention and mail with registration form(s) to:  
Lion Linda Dunning @ 2089 Hooker Oak Ave. Chico, CA 95926 - 530-891-0711

**ROOM RESERVATIONS** All room reservations will be handled by the Windmill Inn, 2525 Ashland St., Ashland, OR.  
(Telephone: 1-800-333-8310) **Deadline for room reservations closed on March 15, 2004**  
Contact the above number for referral to nearby motels.

### Mane Lion Report

Contact the Mane Lion:

E-Mail: [sobrien@snowcrest.net](mailto:sobrien@snowcrest.net)

(use the words **MANE LION** as your subject)

U.S. Mail: **P.O. Box 1021**

**Anderson CA 96007**

¥

Please submit any copy for future editions by the earliest date possible.

**May Deadline -Wednesday Apr 21**

For the record:

The March issue was printed and mailed for \$125.23.

The Mane Lion will consider any submissions by Lions of District 4-C1, space availability and timeliness being the primary criteria for publication.

### CALENDAR

#### CABINET MEETINGS

July 17 - 18

Dunsmuir

#### USA/CANADA FORUM

Sept 9 - 12, 2004

Reno, NV

#### 4-C1 CONVENTIONS

April 16 -18, 2004

Ashland

April 22 - 24, 2005

Konocti

#### MD FOUR CONVENTION

Feb 4-6, 2005

San Diego

#### INTERNATIONAL CONVENTION

July 5 - 10, 2004

Detroit, MI/Windsor, Ontario

June 27 - July 1, 2005

Hong Kong, China

# WIRED!!!

Consider creating a club web site at [LionWap.org](http://LionWap.org)  
It will automatically create a listing on LionNet. If your club already has a website, you can automatically redirect to it from LionWap.

**It's Free!!!**

### OXYMORONS

An oxymoron is words or a phrase that contradicts itself. For example:

Act naturally

Found missing

Genuine imitation

Same difference

Almost exactly

Government organization

Legally drunk

Butt head

Twelve-ounce pound cake

Working vacation

Plastic glasses

New classic

Soft rock

Military intelligence

Temporary tax increase

Pretty ugly

And my favorite

Microsoft Works

*Thanks to Lion Dean May*

the sink.

4. High blood pressure sufferers:

simply cut yourself and bleed for a while, thus reducing the pressure in your veins.

5. A mouse trap, placed on top of your alarm clock, will prevent you from rolling over and going back to sleep when you hit the snooze button.

6. If you have a bad cough, take a large dose of laxatives, then you will be afraid to cough.

7. Have a bad tooth ache? Hit your thumb with a hammer, then you will forget about the tooth ache.

8. Sometimes we Just Need to Remember What The Rules of Life Really Are... You need only two tools: WD-40 and Duct Tape. If it doesn't move and it should, use WD-40. If it moves and shouldn't, use the duct tape.

9. The five most essential words for a healthy, vital relationship are "I apologize" and "You are right."

10. Never pass up an opportunity to potty.

11. If You Woke up Breathing, Congratulations! You have another chance! And Finally... Be Really Good To Your Family and Friends.

### GUIDING LION TRAINING

April 24, 2004, from 10:00 a.m. to about 3:00 p.m., at the Foothill Lions Club House, 5667 Fruitland Road, Loma Rica, we will be holding training for you to become a Guiding Lion. Training will be by a team from MD4, led by PCC Bob Smith.

What is a Guiding Lion? This is a Lion who is trained and certified to be a guiding lion for a new club, or possibly to help rebuild a troubled club. While you need not be "certified" to help your own club, what you learn at this session will help you to be able to strengthen your club. This also makes for a nice "feather in your cap" to have on your record.

For those of you who took this training a few years ago in Anderson, you will need to attend this new session unless you have updated and been certified by International. That training was for MD4, and did not qualify for International as their guidelines had not yet been established. There won't be a great deal of difference in the training, but there is an open book test (you will have help with the answers) that must be submitted.

Lunch will be provided, courtesy of the Loma Rica Lioness and your District Governor.

To reach the club house, go east on highway 20 from Marysville toward Grass Valley, and shortly after the community of Hallwood, turn left on Loma Rica Road. At the stop sign in Loma Rica, turn right on Fruitland Road, then proceed to 5667. The clubhouse is on your left and has a Lions sign out front.

If you are going, or have questions, please call 530-846-4855, or e-mail [rtrueax@wcisp.com](mailto:rtrueax@wcisp.com). We need to know how many will be in attendance so the lunches can be prepared. Thank you.

### Hints for living:

*(thanks to Attagirl)*

1. If you are choking on an ice cube, don't panic. Simply pour a cup of boiling water down your throat and presto, the blockage will be almost instantly removed.

2. Clumsy?

Avoid cutting yourself while slicing vegetables by getting someone else to hold them while you chop away.

3. Avoid arguments with the Mrs. about lifting the toilet seat by simply using