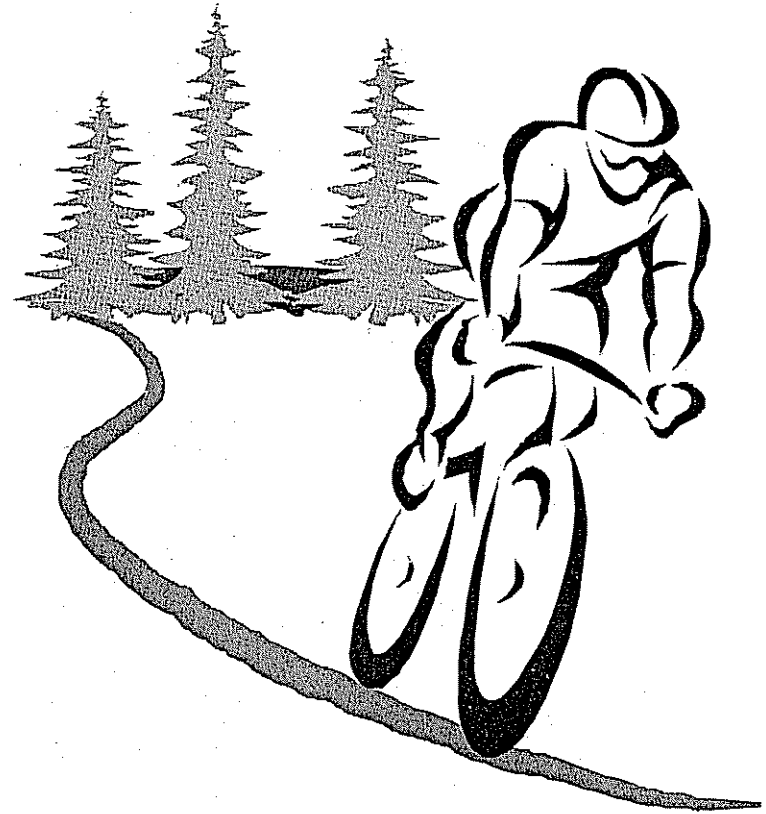


Pedaling the Paved in Shasta County

A bicycling guide to some of
the best paved routes in Shasta County



Shasta County
Department of Resource Management
1855 Placer Street, Suite 200
Redding, CA 96001
225-5789 or 1-800-528-2850

NOTES:

Pedaling the Paved in Shasta County

A bicycling guide to some of the best paved routes in Shasta County.

Funding for this pamphlet was provided by the Shasta County Department of Resource Management Air Quality Division. Research of the contents, and preparation for printing was provided by Allen Kost and Christina Schlosser for the:

Trails and Bikeways Council of Greater Redding
6412 Clear View Drive
Anderson, CA 96007

This pamphlet is for distribution to the public free of charge.

The purpose of this pamphlet is to encourage people to ride their bike more which will result in less motor vehicle use and will improve the overall air quality of Shasta County.

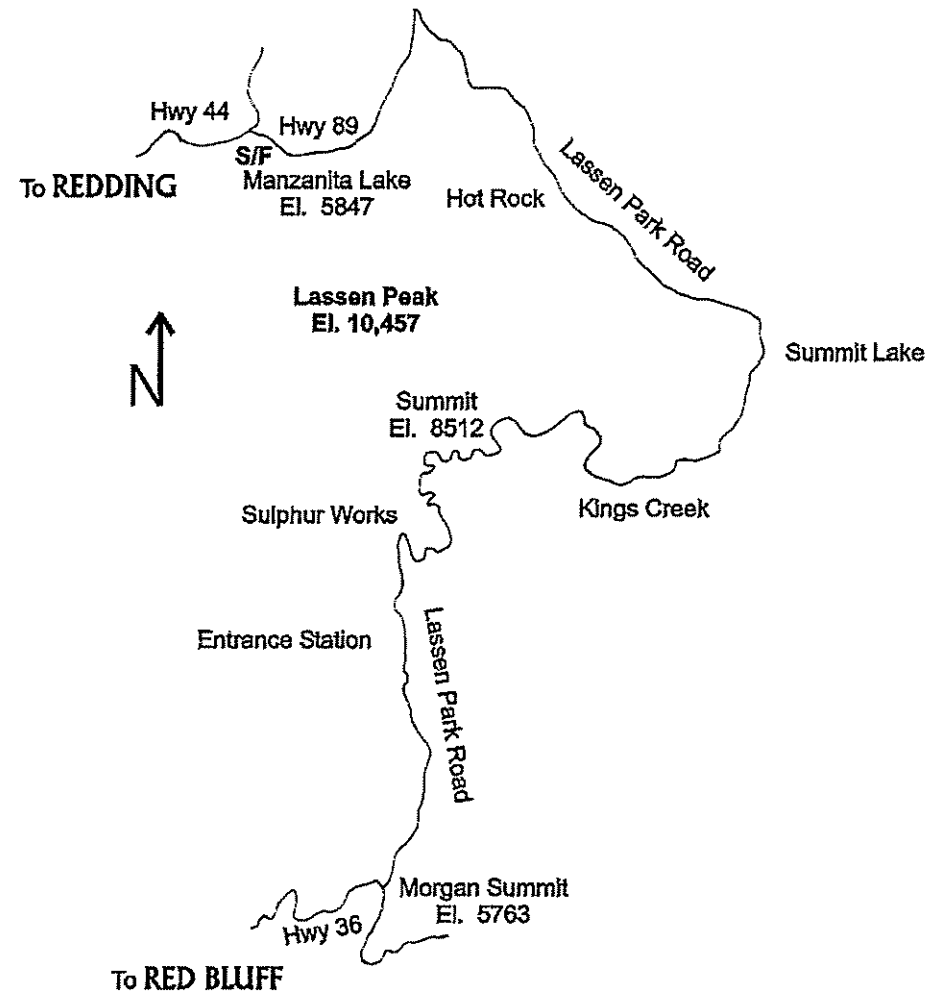
Second printing: Fall 2001.

Pedaling the Paved in Shasta County

A bit of info about this pamphlet:

Routes in this pamphlet are all paved and rideable by skinny tire bikes. All rides finish where they start (S/F). Mileages are approximate round trip distances. Ride difficulty is rated by a combination of distance and terrain as beginner, novice, experienced, strong, and very strong in ascending order. General terrain will be noted as will points of interest. Traffic conditions vary being somewhat heavy at times in and near the cities and usually light elsewhere. Start and finish will be noted along with directions to the S/F (Getting There). S/F have nearby parking. We do urge you to cycle to and from the S/F. A route guide is included and is coded as follows: R = Right; L = Left; S = Straight; and X = Cross. The maps are to scale. However, not all maps use the same scale.

The Sacramento River is a major obstruction to cycling. The crossings are rated as follows: North Street in Anderson - very poor; North Market Street and Cypress Avenue in Redding - fair; and Court Street in Redding - good. Crossings not noted are good to very good.



1

Blue Gravel & Canyon Creek Trails

Distance: 4½ miles

Terrain: Rolling with some short climbs on return.

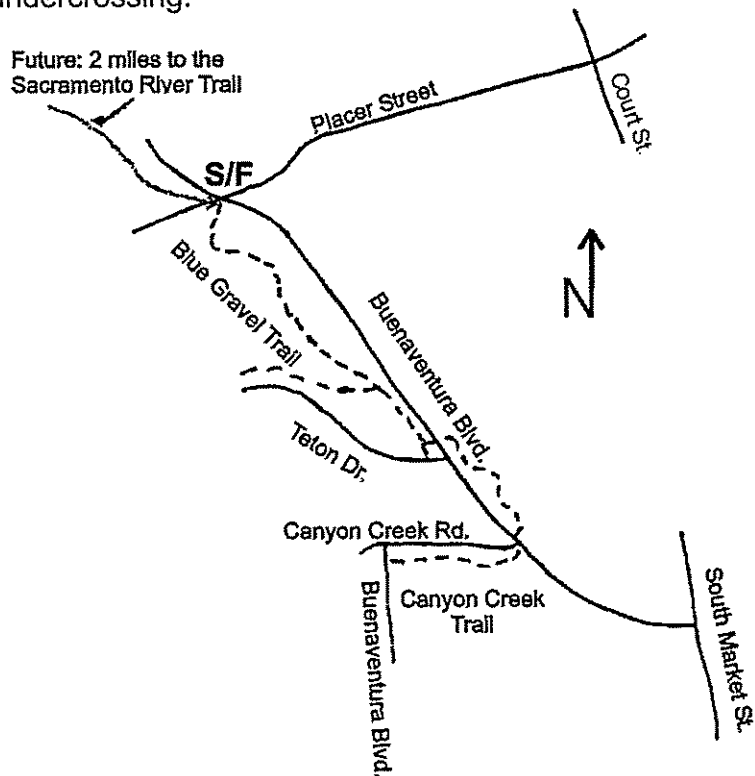
Rating: Beginner.

Points of Interest: Stream crossings and site of the old Blue Gravel mine.

S/F: Redding, S.W. corner of Placer and Buenaventura.

Getting There: Take Placer to the west from downtown Redding 1½ miles. Turn left onto Buenaventura, then make an immediate right onto the unpaved parking area. The trail starts at the corner and quickly drops out of sight. (Trail head is difficult to see from the street.)

Route Guide: Follow the trail south downhill to the undercrossing.



L – At undercrossing. Travel through the undercrossing.
 X – Buenaventura and Canyon Creek Road at Canyon Creek Road. Turn around at Blazingwood and Canyon Creek Roads to retrace the route back to S/F.

Notes: This trail will soon be continued north for 2+ miles to connect with the Sacramento River Trail. (See ride 2.)

2 Sacramento River Trail

Distance: 10 miles

Terrain: Mostly flat with a few short hills.

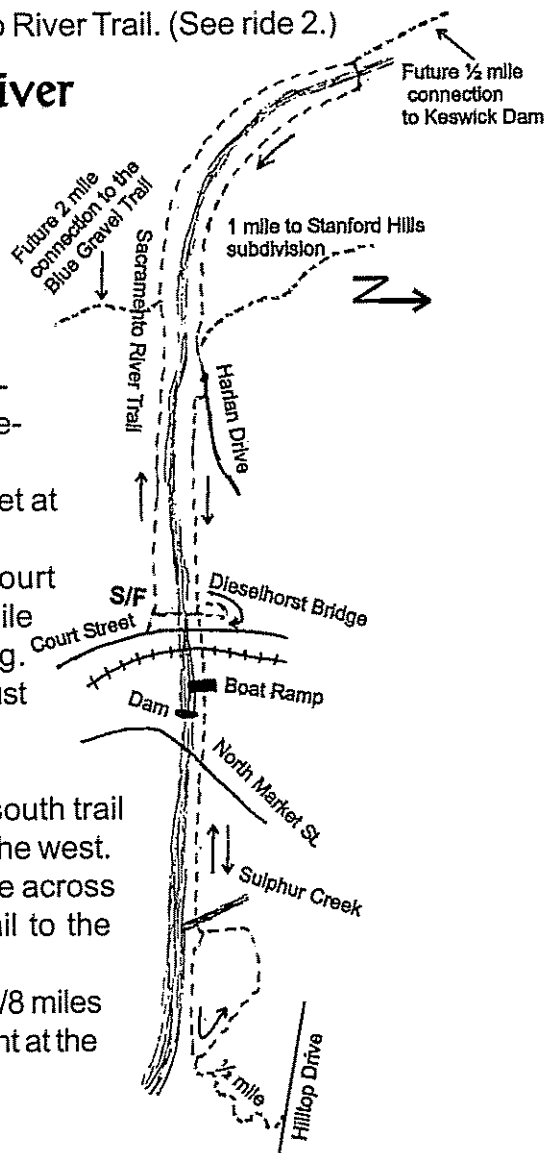
Rating: Beginner.

Points of Interest: River, view of Keswick Dam, several unique bridges, Arboretum.

S/F: Redding: Court Street at the Sacramento River.

Getting there: Take Court Street north about one mile from downtown Redding. Turn left into parking area just prior to the river.

Route Guide: From the south trail parking, follow the trail to the west.
 R – Take pedestrian bridge across river. Follow the north trail to the east.
 S – Onto Harlan Drive for 1/8 miles
 R – Return to trail. (Stay right at the next several junctions following the river under several bridges.)



R – Just after crossing small bridge over Sulphur Creek. (This is past and east of the Arboretum.) The trail will then follow the river a short distance before curving left away from the river to wind through the Arboretum grounds. Stay left until the trail brings you back to a right turn to recross the small bridge over Sulphur Creek.
 R – To recross Sulphur Creek bridge for the return by retracing part of the route back to the S/F.
 R – After returning under the Union Pacific Railroad tressel, Court Street bridge and the Deiselhorst Bridge (old bridge) make an immediate right. Stay right until you are on the historic Deiselhorst Bridge. Cross the river back to the south trail parking S/F.

3 Placer, Texas Springs, Branstetter, Buenaventura

Distance: 17 miles.

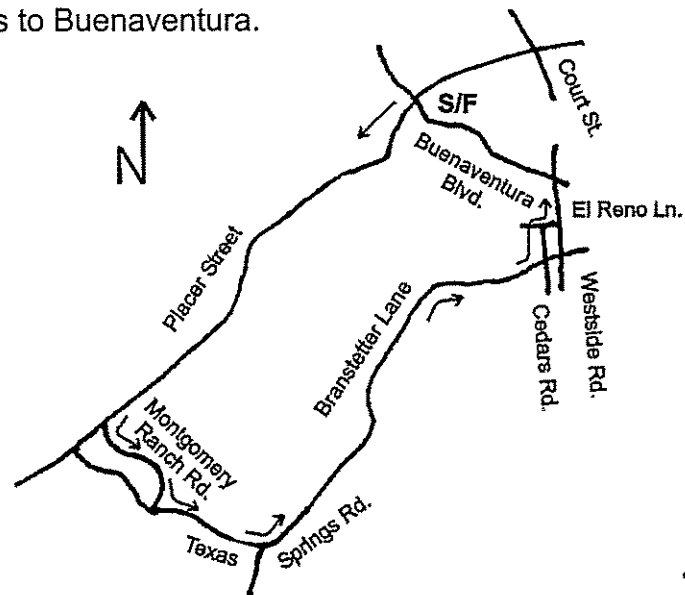
Terrain: Mostly rolling with several moderate climbs.

Rating: Novice.

Points of Interest: Dredger tailings near Texas Springs Road and Branstetter Lane.

S/F: Redding. Placer and Buenaventura.

Getting There: Go west on Placer From downtown Redding for 1 1/2 miles to Buenaventura.



Route Guide: Follow Placer to the west to Montgomery Ranch.

L – Montgomery Ranch Road.

L – Texas Springs Road.

L – Bear left at Honeybee to stay on Texas Springs Road.

R – Branstetter Lane.

L – Cedars Road.

R – El Reno Lane.

L – Westside Road.

L – Buenaventura to return to S/F.

4 Placer, Swasey, Rock Creek, Keswick Dam

Distance: 20 miles.

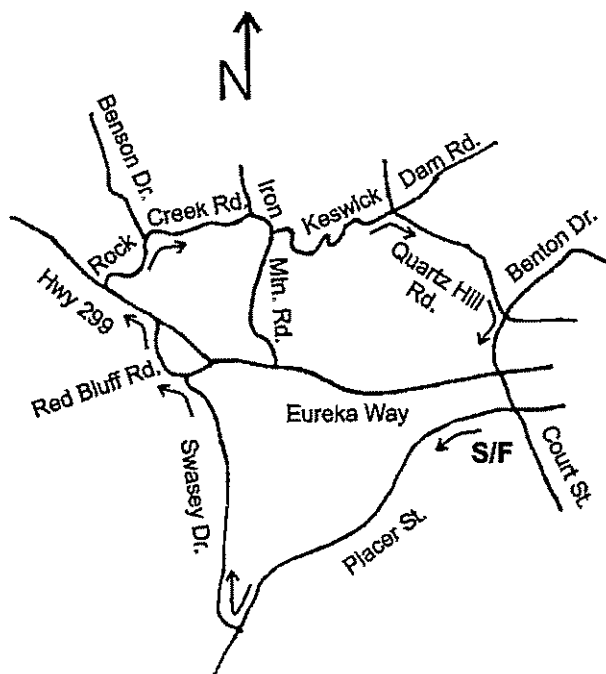
Terrain: Rolling to hilly with several good climbs.

Rating: Experienced.

Points of Interest: Old Shasta, Keswick Dam

S/F: Redding. Placer and Court Streets.

Getting There: Downtown Redding.



Route Guide: Go west on Placer up hill.

R – Swasey.

L – At Y onto Red Bluff Road.

L – Highway 299.

R – Rock Creek Road.

R – At Y with Benson to stay on Rock Creek Road.

R – Sharp right onto Iron Mountain Road.

L – Keswick Dam Road. (Don't miss this turn. It is on a downhill.)

X – Keswick Dam.

R – Quartz Hill Road.

R – Benton Drive.

X – River.

S – Court Street to S/F.

Notes: Pay attention at sharp turns and Y intersections.

5 Caldwell Park, Shasta Dam

Distance: 26 miles, option 5A, 33 miles, option 5B, 44 miles.

Terrain: Rolling with three long climbs.

Rating: Experienced/strong.

Points of Interest: Shasta Dam.

S/F: Redding. Caldwell Park.

Getting There: From downtown take Court Street 1+ miles north. After crossing the Sacramento River, turn right onto Quartz Hill Road. Ride starts anywhere along the park.

Route Guide: Go west on Quartz Hill Road.

X – Keswick Dam Road.

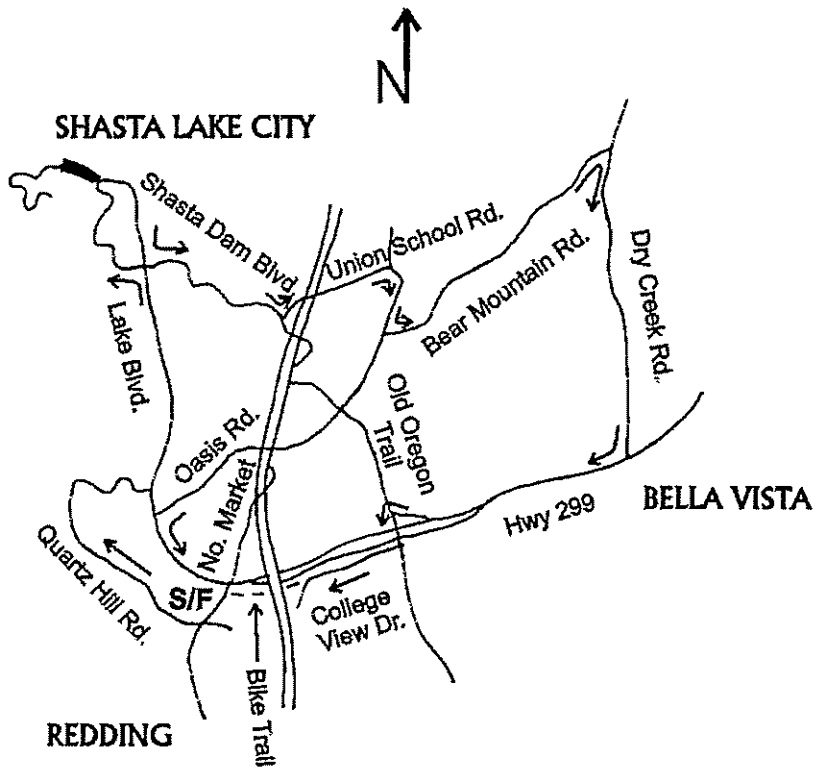
L – Lake Blvd.

L – Shasta Dam Blvd. (Start 2 mile climb.) Stay right at traffic circle at dam. You are now back on Lake Blvd. to retrace route. (see option 5A).

R – Quartz Hill Road.

X – Keswick Dam Road to return to S/F.

Notes: Try option 5A or 5B for additional miles of mostly rolling terrain with a few smaller added hills.



5A Shasta Dam through Shasta Lake City

Route Guide: Two miles after leaving Shasta Dam turn left onto Shasta Dam Blvd.

- L – Shasta Dam Blvd.
- L – Cascade Blvd. just prior to I-5. (Cascade becomes Union School Road after crossing I-5.)
- X – I-5.
- S – Union School Road.
- R – Old Oregon Trail (see option 5B).
- S – Oasis Road (Old Oregon Trail goes left at this point and Akrich is to the right).
- X – I-5.
- L – Lake Blvd.
- R – North Market St.
- R – Quartz Hill Road to return to S/F.

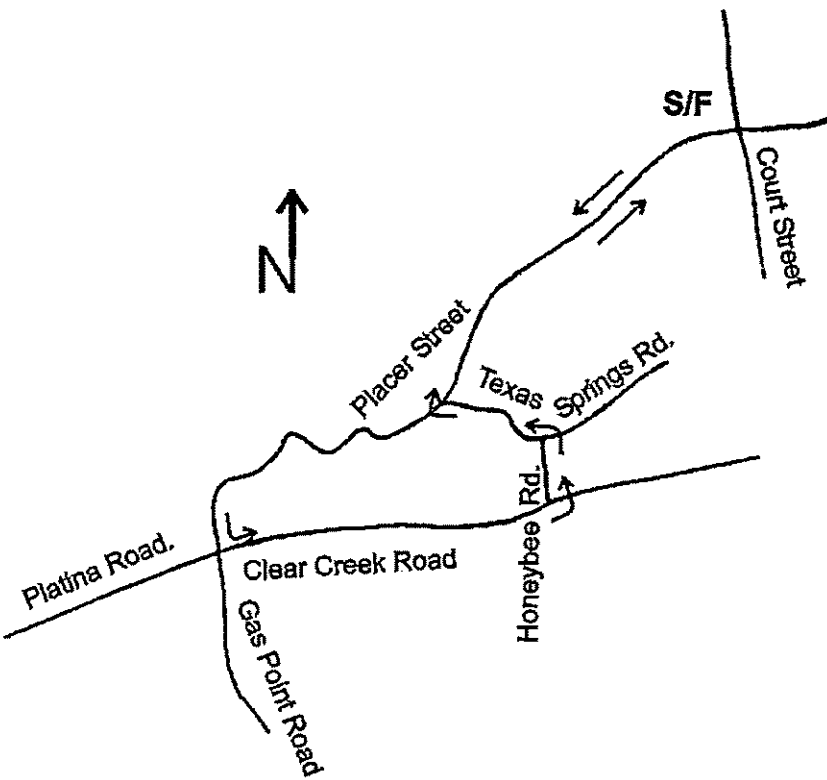
5B Bear Mountain Road and Dry Creek Road

- Route Guide:** 1¼ miles after turning onto Old Oregon Trail, turn left onto Bear Mountain Road.
- L – Bear Mountain Road.
 - R – Dry Creek.
 - R – Highway 299.
- Exit Highway 299 at Old Oregon Trail.
- L – Old Oregon Trail.
 - X – Under Highway 299.
 - R – College View Drive.
 - X – Churn Creek Road.
 - R – Bear right onto bike path at top of hill where College View curves to the left. Follow bike path along Highway 299. At traffic signal just prior to crossing under I-5, take Highway 299 (Lake Blvd.) to North Market Street.
 - L – North Market Street.
 - R – Quartz Hill Road just prior to river to return to S/F.

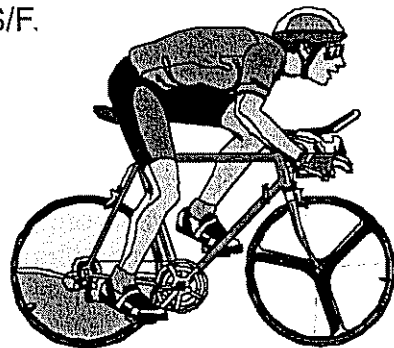
Notes: At I-5 you may continue on the bike path/route/path to North Market Street. However, it is a confusing route that may prove to be dangerous. The Lake Blvd. route from I-5 is good except for the difficult crossing of traffic to make the left onto North Market Street.

6 Placer, Clear Creek, Texas Springs

- Distance:** 30 miles.
- Terrain:** Rolling to hilly with a few good climbs.
- Rating:** Experienced/Strong.
- Points of Interest:** High bridge over Clear Creek.
- S/F:** Redding. Placer and Court Streets.
- Getting There:** Downtown Redding.
- Route Guide:** Go west on Placer up hill.



- X – High bridge over Clear Creek.
- L – At stop sign in Igo to remain on Placer Road.
- L – Clear Creek Road. (Straight becomes Gas Point Road and right becomes Platina Road.)
- L – Honeybee (Watch for this one, it is easy to miss.)
- L – Texas Springs Road at Y.
- R – Placer Road to return to S/F.



7 Placer, Gas Point, Happy Valley

Distance: 50 miles.

Terrain: Rolling with several good hills.

Rating: Experience/Strong.

Points of Interest: High bridge over Clear Creek.

S/F: Redding, Placer and Court Streets.

Getting There: Downtown Redding.

Route Guide: Go west on Placer up hill.

X – Clear Creek Bridge.

L – at stop sign in Igo to stay on Placer Road.

S – Gas Point Road (Where Placer becomes Gas Point with Clear Creek Road to the left and Platina Road to the right.)

L – at cemetery to stay on Gas Point Road.

L – Happy Valley Road.

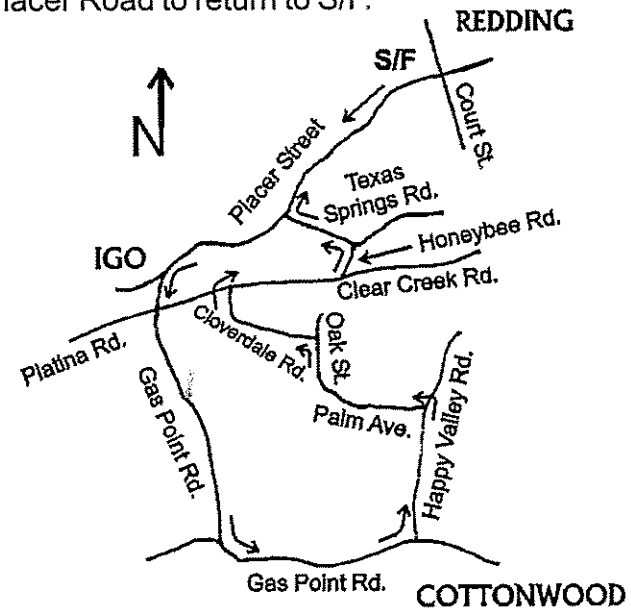
L – Palm (Palm will curve right and become Oak.)

S – Oak Street.

L – Cloverdale Road.

X – cross Clear Creek Road at water tanks.

R – Placer Road to return to S/F.



8 Clear Creek, Honeybee, Branstetter

Distance: 11 miles.

Terrain: Flat to rolling.

Rating: Novice.

Points of Interest: Dredger tailings from past mining days.

S/F: Redding, Westwood Ave. and Hwy 273 (So. Market St.)

Getting There: 4½ miles south of downtown Redding, ½ mile south of South Bonneyview Rd. at the Westwood Village Shopping Center.

Route Guide: Follow Westwood Ave. to get back to Hwy 273 (So. Market Street).

R – Hwy 273 (So. Market Street).

R – Clear Creek Road.

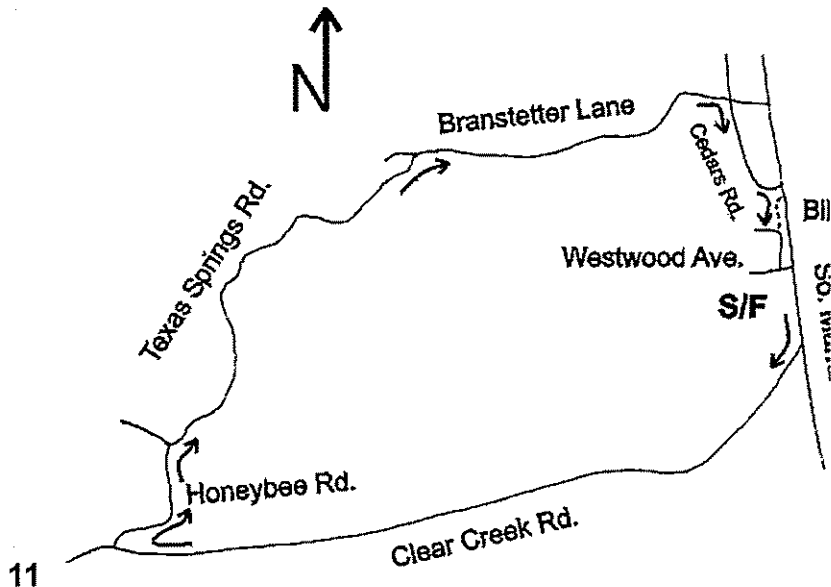
R – Honeybee.

R – Texas Springs Road at Y.

R – Branstetter Lane.

R – Cedars Road.

R – Hwy 273 (So. Market Street) or use adjacent bike path and frontage road to return to Westwood Ave. S/F.



9 Happy Valley, Palm, China Gulch

Distance: 18 miles, option 9A - 14 miles.

Terrain: Mostly flat with several good hills.

Rating: Experienced with a shorter novice option with only one hill (See 9A)

Points of Interest: Historic marker near beginning of ride depicting the gold discovery along Clear Creek.

S/F: Redding; Westwood Ave. and Hwy 273 (So. Market St.)

Getting There: 4½ miles south of downtown Redding, ½ mile south of South Bonneyview Road at the Westwood Village Shopping Center.

Route Guide: Take Westwood Ave. to Hwy 273 (So. Market St.)

R – Hwy 273 (So. Market St.)

R – Happy Valley Road.

L – Happy Valley Road at Canyon Road. (See option 9A)

R – Palm Ave. (Palm will curve right to become Oak St.)

S – Oak St.

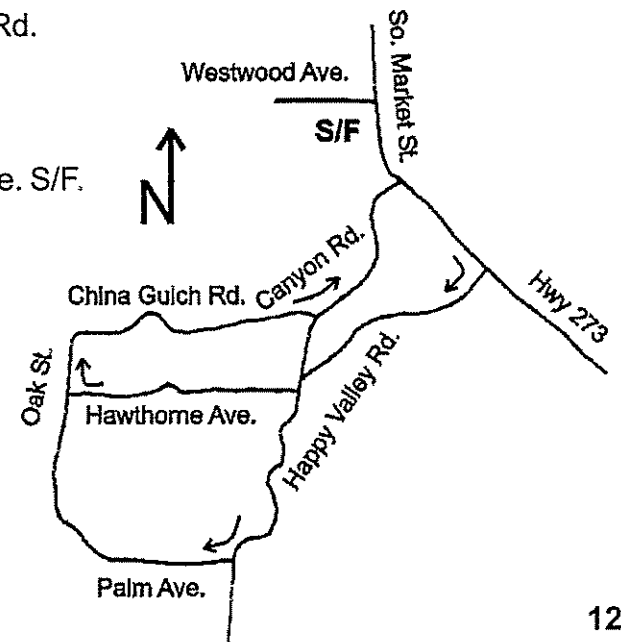
R – China Gulch Rd.

L – Canyon Rd.

L – Hwy 273.

(So. Market St.)

L – Westwood Ave. S/F.



9A Hawthorne Ave. to Oak St.

Route Guide: From Happy Valley Road just past Canyon Road

R – Hawthorne Ave.

R – Oak St.

R – China Gulch Rd.

L – Canyon Rd.

L – Hwy 273 (So. Market St.)

L – Westwood Ave. S/F

Notes: Option 9A cuts out all remaining hills from ride 9.

10 N.E. Shasta County, Burney, Fall River, Dana

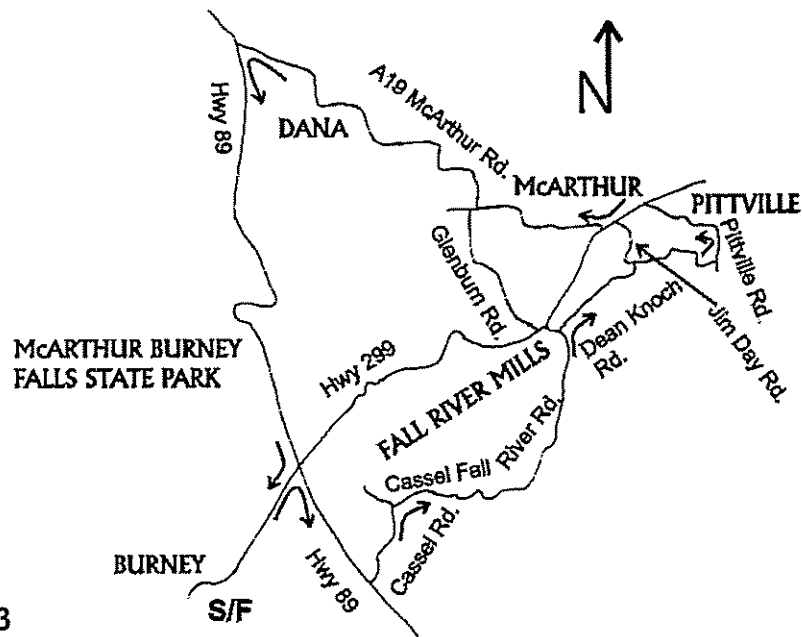
Distance: 79 miles.

Terrain: Rolling to hilly.

Rating: Strong.

Points of Interest: Hat Creek, Fall River, Pit River, McArthur-Burney Falls State Park.

S/F: Burney; anywhere along Hwy 299 in Burney.



Getting There: Follow Hwy 299 east from Redding for about 50 miles.

Route Guide: Go east on Hwy 299 from Burney

R – Hwy 89.

L – Cassel Rd.

R – Cassel Fall River Rd.

R – Dean Knoch Rd.

R – Dean Knoch Rd at Jim Day Rd.

L – Pittville Rd.

L – Hwy 299.

R – (A-19) McArthur Rd.

R – (A-19) McArthur Rd at Brown Rd near Glenburn. (Stay on [A-19] McArthur Rd to Hwy 89).

L – Hwy 89.

R – Hwy 299 to Burney and S/F.

Notes: Use the map to modify or shorten the ride to fit your needs.

11 Rhonda, Balls Ferry, Deschutes

Distance: 14 miles, option 11A - 10 miles.

Terrain: Flat to rolling.

Rating: Novice/experienced.

Points of Interest: California Welcome Center, co-generation plant, lumber and pulp mills.

S/F: Anderson. Hwy 273 and Deschutes Road (Factory Outlet Dr.

Getting There: 12 miles south of Redding between I-5 and Hwy 273 at Deschutes Road by the Outlet stores.



Route Guide: Exit the factory outlet stores and go west on Deschutes Road ° block to Hwy 273.

L – Hwy 273.

R – Rhonda Road.

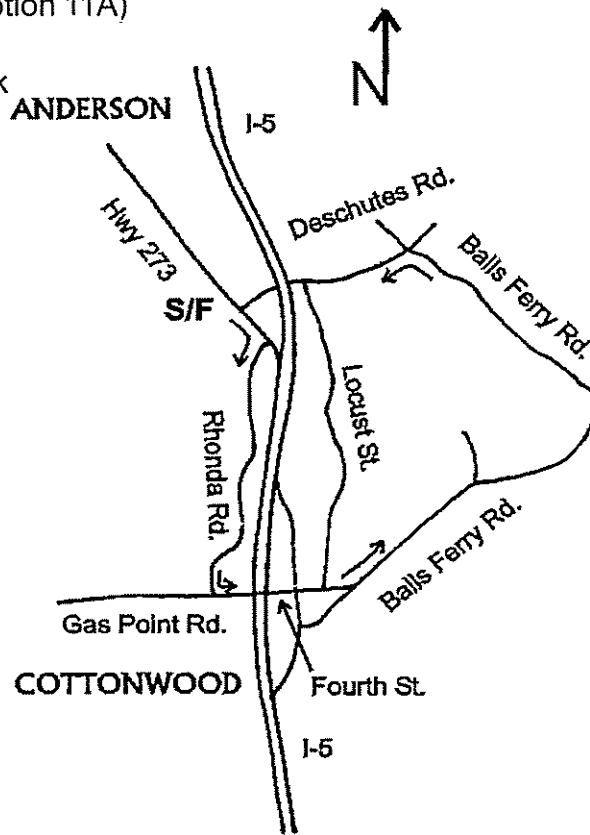
L – Gas Point Road.

X – I-5 in Cottonwood.

S – Fourth Street. (See option 11A)

L – Balls Ferry Road.

L – Deschutes Road back to S/F.



NOTE: Deschutes Road becomes Factory Outlet Dr. between I-5 and Hwy. 273.

11A Locust Street, Deschutes Road, for shorter ride.

Route Guide: After crossing I-5, follow Fourth Street to Locust Street.

L – Locust Street.

L – Deschutes Road to S/F.

12 Bear Mountain Road, Dry Creek Road, Hwy 299

Distance: 20 miles, option 12A - 28 miles.

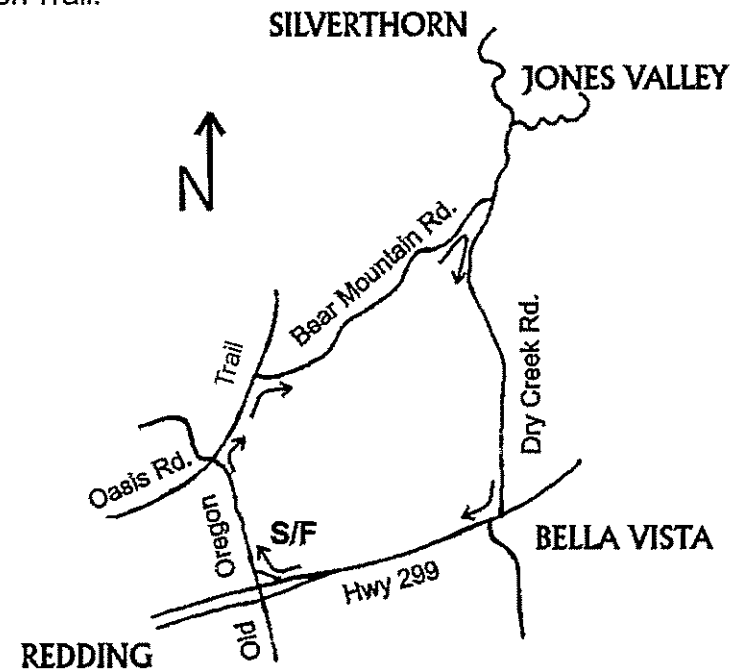
Terrain: Rolling hills, very hilly option to Silverthorne.

Rating: Experienced/Strong.

Points of Interest: Dry Creek, Shasta Lake.

S/F: Redding. Near Shasta College on Old Oregon Trail at Hwy 299.

Getting There: Take Hwy 299 to the east from I-5, exit Old Oregon Trail.



Route Guide: Follow Old Oregon Trail to the north past Shasta College.

R – Old Oregon Trail where Oasis goes left and Akrich goes straight.

R – Bear Mountain Road. (See option 12A)

R – Dry Creek Road.

R – Hwy 299.

R – exit Hwy 299 at Old Oregon Trail to return to S/F.

12A Silverthorne, Jones Valley, Shasta Lake

Route Guide: From Bear Mountain Road.

L – Dry Creek Road to Silverthorne for strong riders or to Jones Valley for an easier ride. Follow signs and map. Both options lead to Shasta Lake.

Round trip to Silverthorne adds 10 miles, round trip to Jones Valley adds 8 miles.

13 Old Alturas, Swede Creek, Old 44

Distance: 23 miles, option 13A - 18 miles.

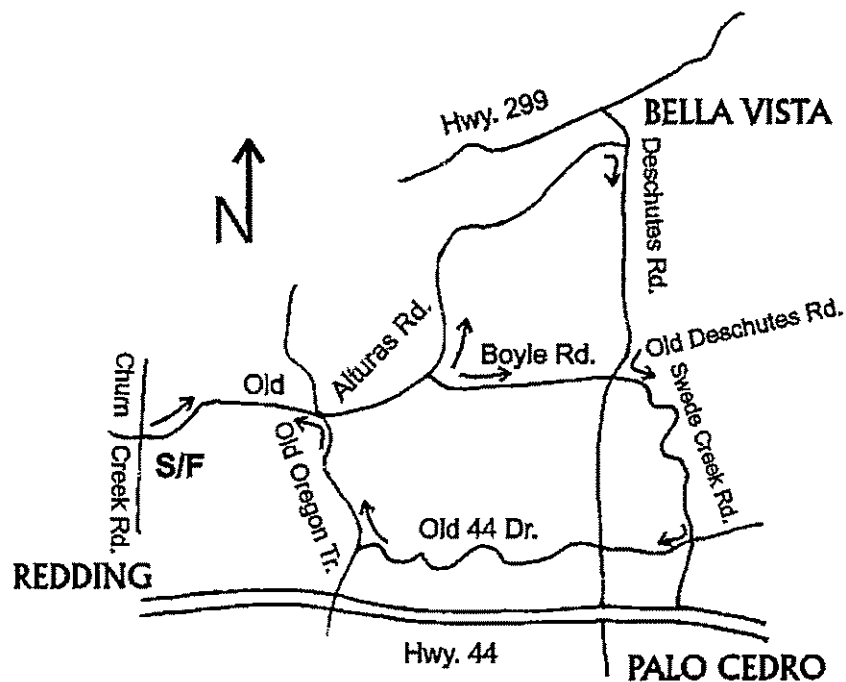
Terrain: Rolling.

Rating: Novice/Experienced.

Points of Interest: Swede Creek.

S/F: Redding. Churn Creek Road and Old Alturas Road.

Getting There: From Hwy 44 use Hilltop and Dana Drives to reach Churn Creek Road. Turn north to Old Alturas Road.



Route Guide: Follow Old Alturas Road to the east.

R – Deschutes Road in Bella Vista.

L – Old Deschutes Road at Boyle Road to Swede Creek Road.

R* – 1/8 mile, stay right for Swede Creek Road. (Old Deschutes curves left and back to Deschutes Road; Swede Creek Road appears straight ahead of you.)

R – to remain on Swede Creek Road (straight and left have different names).

R – Old 44 Drive (straight becomes Silverbridge Road).

R – Old Oregon Trail.

L – Old Alturas Road to return to S/F.

Notes: Slower riders may choose shorter option.

13A Boyle Road to Swede Creek Road

R – Boyle Road from Old Alturas Road.

X – Deschutes Road.

S – onto Old Deschutes.

Follow ride 13* from here.

14 Old 44, Millville Plains, Dersch

Distance: 31 miles, option 14A, 67 miles.

Terrain: Rolling to very hilly.

Rating: Experienced, Strong/very strong for option 14A.

Points of Interest: Spring wild flowers, Black Butte.

S/F: Redding. Hartnell Avenue and Churn Creek Road.

Getting There: South of Hwy 44 and east of I-5, take Hartnell Ave. or Churn Creek Rd. to the south from Cypress Avenue.

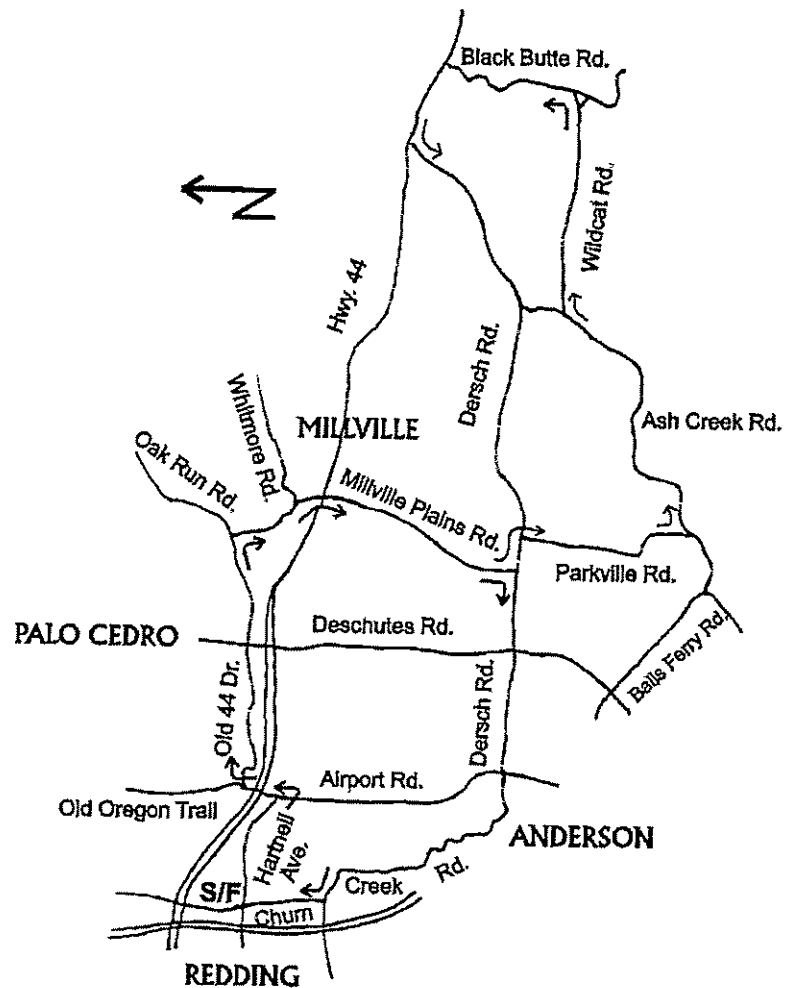
Route Guide: Go east on Hartnell Avenue.

L – Airport Road/Old Oregon Trail.

X – Hwy 44 (Airport Road becomes Old Oregon Trail.)

R – Old 44 Drive.

R – to remain on Old 44 Drive (Straight becomes Oak Run Rd.)



- R – To once again remain on Old 44 Drive. (Straight becomes Whitmore Road.)
- X – Hwy 44 (Old 44 Drive becomes Millville Plains Road.)
- S – Millville Plains Road. (See option 14A)
- R – Dersch Road.
- *X - Airport Road (Dersch becomes Churn Creek Road.)
- R – To remain on Churn Creek Road (Straight becomes Knighton Road.)
- R – Just prior to I-5 to remain on Churn Creek Road (Straight becomes So. Bonneyview Road.) Return to S/F.

14A Parkville, Black Butte

- L – Dersch Road from Millville Plains Road rather than right as in ride 14.
 - R – Parkville Road.
 - L – Ash Creek Road (Sharp left, straight will take you in the wrong direction on Ash Creek Road to the Sacramento River)
 - R – Wildcat Road.
 - L – Black Butte Road at the Y (Staying right would keep you on Wildcat Road - big mistake!)
 - L – Hwy 44.
 - L – Dersch Road.
 - X – Airport Road (Dersch becomes Churn Creek Road) Follow ride 14 * back to S/F).
- Notes:** You can shorten this option by taking Ash Creek Road to Dersch Road. Turn left on Dersch to return for a total of 52 miles.

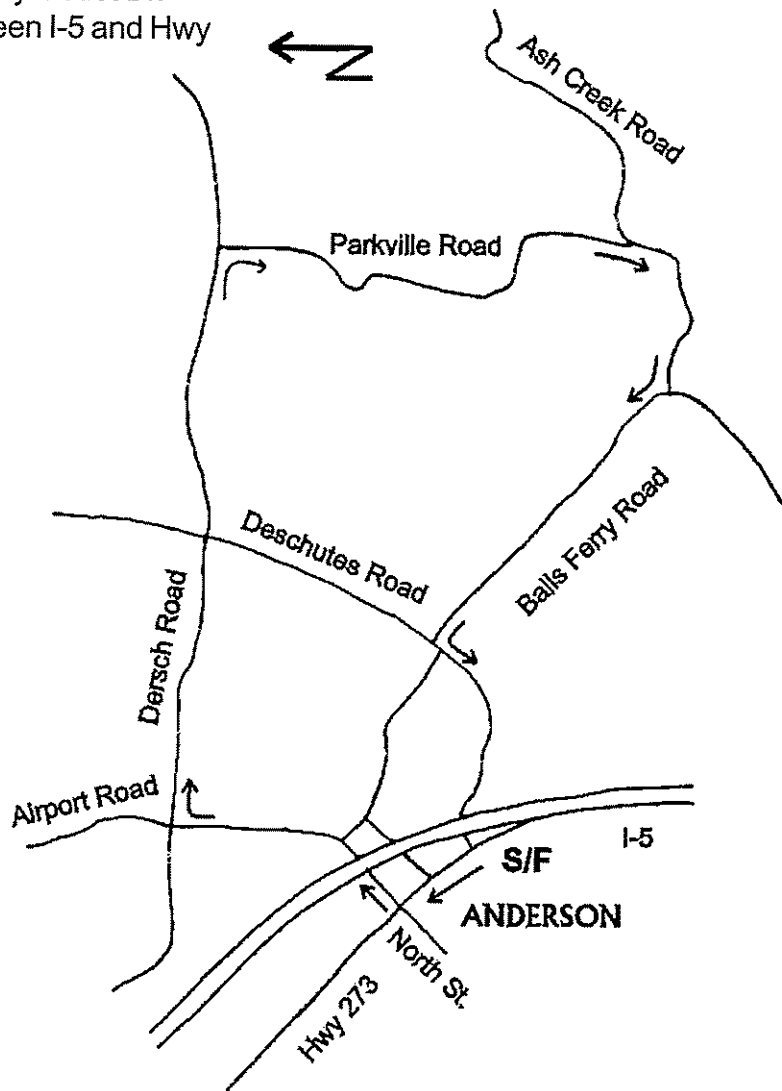
15 Dersch, Parkville, Balls Ferry

- Distance:** 22 miles.
- Terrain:** Rolling.
- Rating:** Novice/Experienced.
- Points of Interest:** California Welcome Center, Sacramento River at Balls Ferry.
- S/F:** Anderson. Hwy 273 and Deschutes Road (Factory Outlet Dr.
- Getting There:** 12 miles south of Redding between I-5 and Hwy 273 at Deschutes Road by the outlet stores.

- Route Guide:** Follow Hwy 273 to the north
- R – North Street.
- X – Sacramento River on narrow bridge. (North Street becomes Airport Road).
- S – Airport Road.
- R – Dersch Road.
- R – Parkville Road.

R – Ash Creek Road (Appears straight ahead).
 X – Sacramento River at Balls Ferry Landing.
 R – Balls Ferry Road.
 L – Deschutes Road to return to S/F.

NOTE: Deschutes Road becomes Factory Outlet Dr. between I-5 and Hwy 273.



16 Oak Run, Fern, Whitmore

Distance: 56 miles.

Terrain: Hills and mountains.

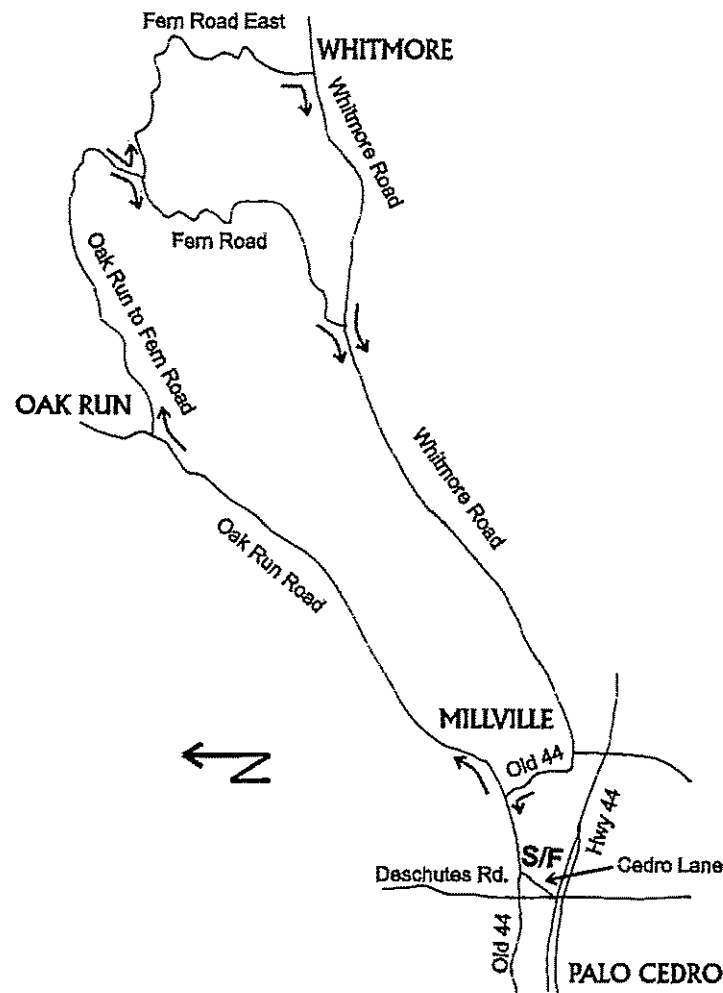
Rating: Very strong.

Points of Interest: Ranches, streams.

S/F: Palo Cedro: Cedro Lane and Deschutes Rd. Park 'n' Ride.

Getting There: 8 miles east of downtown Redding. Follow Hwy 44, exit Deschutes Rd., go north one block to Cedro Lane, right on Cedro, and right into Park 'n' Ride.

Route Guide: Go north on Cedro Lane to Old 44.



- R – Old 44 Drive.
- S – Oak Run Road (Old 44 Dr. goes right).
- R – Oak Run to Fern Road.
- *L – Fern Road east.
- R – Whitmore Road.
- S – Old 44 Drive in Millville.
- L – Old 44 Drive at Oak Run Road.
- L – Cedro Lane to S/F.

Notes: *To cut off 8 miles and eliminate some climbing, turn right rather than left at Fern. Go to Whitmore Road and turn right again to get back on course. This will cut the ride to 48 miles.

17 Swede Creek, Brookdale, Millville Plains

Distance: 28 miles.

Terrain: Rolling with a climb up Brookdale Road.

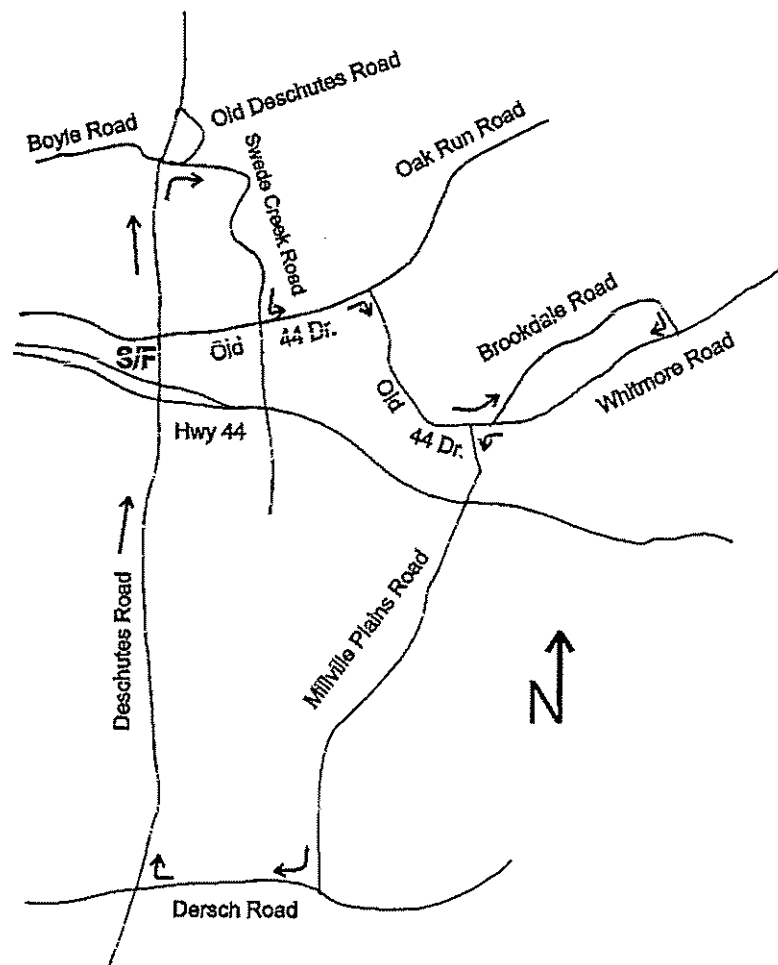
Rating: Experienced.

Points of Interest: Swede Creek, Cow Creek, spring wild flowers.

S/F: Palo Cedro. Deschutes Road north of Hwy. 44 at Park 'n' Ride.

Getting There: 8 miles east of Redding. Follow Hwy 44, exit Deschutes Road and go north one block to Park 'n' Ride at Cedro Lane.

Route Guide: From Cedro Lane go north on Deschutes Road.
 R – Old Deschutes Road/Swede Creek Road at Boyle Road.
 R – Stay right for Swede Creek Road (Old Deschutes curves left and back to Deschutes Road).
 R – To remain on Swede Creek Road (straight and left have different names).
 L – Old 44 Drive (straight would be Silverbridge Road).
 R – To remain on Old 44 Drive (straight becomes Oak Run Road).



- S – Whitmore Road (right is still Old 44).
- L – Brookdale Road.
- R – Whitmore Road.
- L – Old 44 Drive (straight takes you back the wrong way on Old 44).
- X – Hwy 44, Old 44 Drive becomes Millville Plains Road.
- S – Millville Plains Road.
- R – Dersch Road.
- R – Deschutes Road to return to S/F.

18 Shasta Lake City, Shasta Dam

Distance: 12 miles.

Terrain: Rolling to very hilly.

Rating: Experienced/strong.

Points of Interest: Shasta Dam.

S/F: Shasta Lake City. Shasta Dam Blvd. just west of I-5.

Getting There: Follow I-5 north for 7 miles from central Redding.

Route Guide: Take Shasta Dam Blvd. to the west from I-5

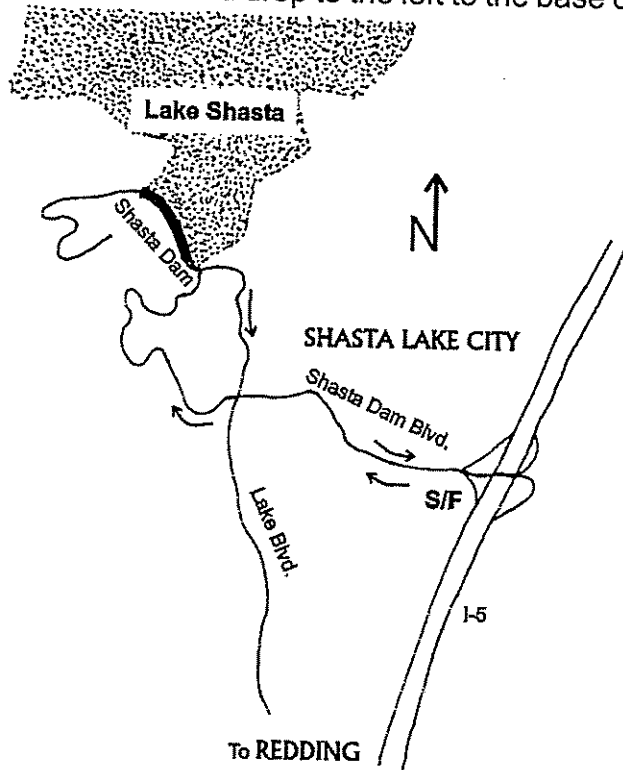
X – Lake Blvd.

R – Stay right at Circle by dam, this becomes Lake Blvd.

S – Lake Blvd.

L – Shasta Dam Blvd. to return to S/F.

Notes: For a different perspective of the dam and a few extra hilly miles, cross the dam and drop to the left to the base of the dam.



19 Balls Ferry, Gas Point, West Anderson

Distance: 21 miles.

Terrain: Mostly rolling.

Rating: Novice/experienced.

Points of Interest: California Welcome Center, wood products mills.

S/F: Anderson. Hwy 273 and Deschutes Road (Factory Outlet Dr.

Getting There: 12 miles south of Redding between I-5 and Hwy 273 at Deschutes Road by the outlet stores.

Route Guide: Follow Deschutes Road to the east.

R – Balls Ferry Road.

R – Fourth Street into Cottonwood.

X – I-5 (Fourth Street becomes Gas Point Road).

S – Gas Point Road.

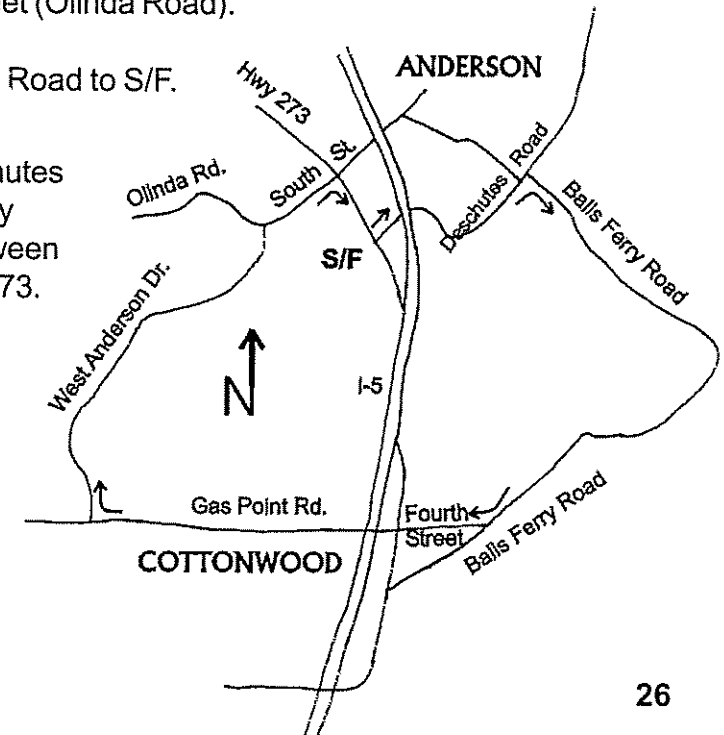
R – West Anderson Drive.

R – South Street (Olinda Road).

R – Hwy 273.

L – Deschutes Road to S/F.

NOTE: Deschutes road is Factory Outlet Dr. between I-5 and Hwy. 273.



20 Millville, Inwood, Whitmore

Distance: 61 miles.

Terrain: Rolling to very hilly.

Rating: Strong/very strong.

Points of Interest: Spring wildflowers, ranches, views.

S/F: Palo Cedro. Deschutes Road north of Hwy 44.

Getting There: 8 miles east of downtown Redding. Follow Hwy 44, exit north on Deschutes Road for one block to Cedro Lane and the Park 'n' Ride on right.

Route Guide: Follow Deschutes Road or Cedro Lane north to Old 44 Drive.

R – Old 44 Drive.

R – Old 44 Drive (straight becomes Oak Run Road).

R – Old 44 Drive (straight becomes Whitmore Road).

X – Hwy 44 (Old 44 becomes Millville Plains Rd).

S – Millville Plains Road.

L – Dersch Road.

R – Hwy 44.

L – Inwood Road.

L – Inwood Road (straight becomes Wengler Hill Road).

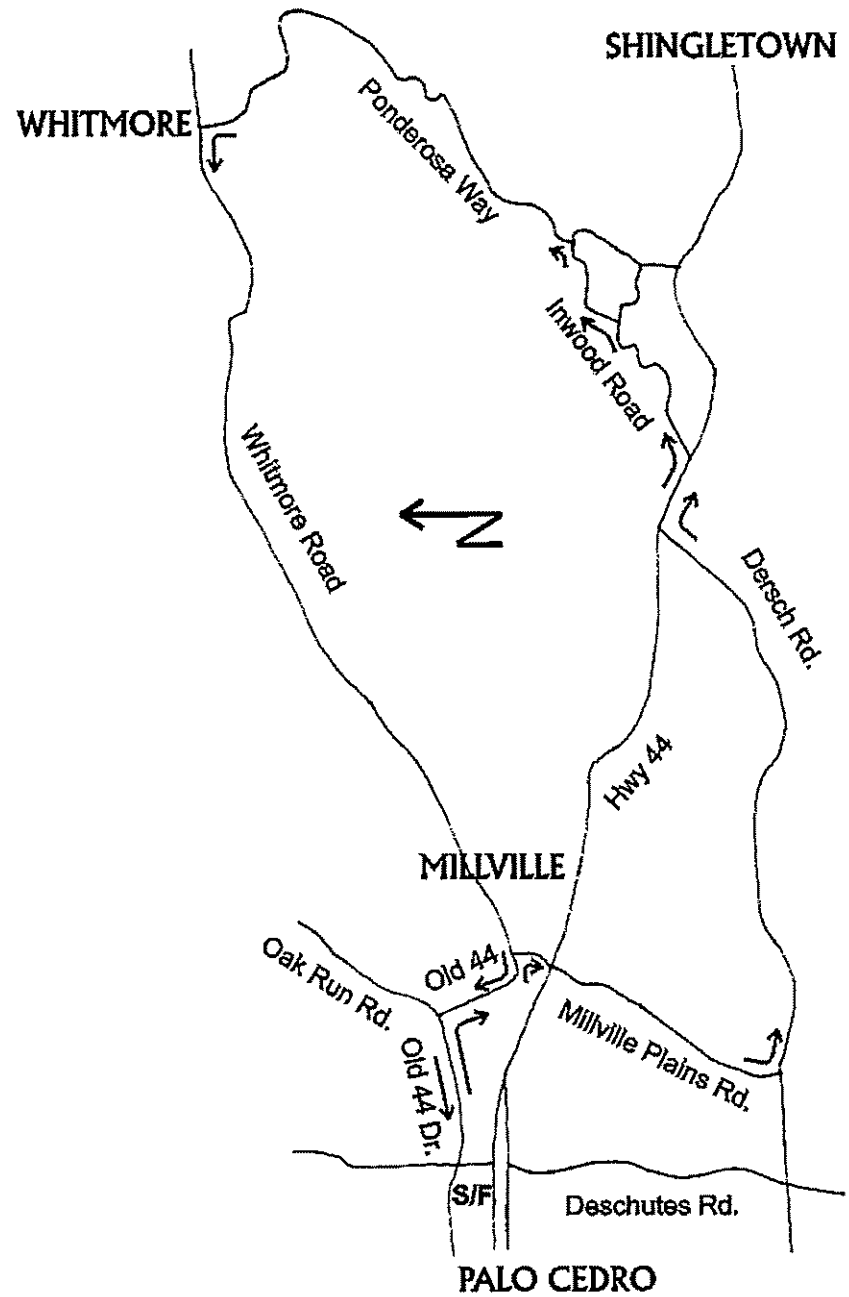
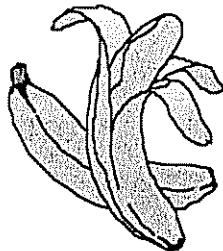
L – Ponderosa Way (straight takes you the wrong way on Ponderosa Way).

L – Whitmore Road.

S – Old 44 Drive in Millville.

L – Old 44 Drive at Oak Run Road.

L – Cedro Lane or Deschutes Road to S/F.



21 Lassen Park

Distance: 26 to 64 miles.

Terrain: Mountains.

Rating: Experienced to Summit Lake, very strong south of Summit Lake.

Points of Interest: Many volcanic features.

S/F: Lassen Volcanic National Park, visitors center inside north entrance.

Getting There: Hwy 44 to Hwy 89 park entrance 50 miles east of Redding.

Route Guide: Out and back to Summit Lake, 26 miles. Out and back to summit, 39 miles. Out and back to south entrance station, 54 miles. Out and back to Hwy 36, 64 miles.

Notes: Water available near Manzanita Lake, Summit Lake, and south entrance station. Food may be available at Manzanita Lake and or south entrance station. Check with ranger for more information. This ride may prove very taxing on those not used to high altitude. Elevations range from 5,800 feet to over 8,500 feet. Weather may change very rapidly. Carry extra clothing including gloves.

